



# KWON'S TAE KWON DO

554 Ritchie Hwy Severna Park, MD 21146

[www.kwontkd.us@gmail.com](http://www.kwontkd.us@gmail.com) Tel: 410-421-5255

[www.masterkwontkd.com](http://www.masterkwontkd.com)



Effective: 01/04/2021

Kwon's	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Focus	Confidence	Respect	Cooperation	Leadership	Patience
Online (All Belts)	4:50pm – 5:20pm	4:50pm – 5:20pm	4:50pm – 5:20pm			
Little Tigers Ages 3 to 5	5:25pm – 5:50pm		5:25pm – 5:50pm	5:00pm – 5:25pm		10:10am – 10:35am
White to Purple	6:00pm – 6:30pm	5:25pm – 5:55pm	6:00pm – 6:30pm	6:15pm – 6:45pm	5:00pm – 5:30pm	09:30am – 10:00am
Blue & up	6:40pm – 7:10pm	6:05pm – 6:35pm	6:40pm – 7:10pm	5:35pm – 6:05pm	5:40pm – 6:10pm	10:45am – 11:15pm
All Belts		6:45pm – 7:15pm		6:55pm – 7:25pm		
Black Belts						
Teen & Adult Age 12 & up	7:20pm – 8:00pm	7:20pm – 8:00pm	7:20pm – 8:00pm	7:30pm – 8:00pm	6:20pm – 6:50pm	11:25am – 11:55am

## New Covid-19 Related Rules for Class Attendance

We appreciate your patience during the pandemic. To ensure the safety of our students and families, please adhere to the procedures for classes.

### 1. Class attendance by appointments only.

- Students with regular memberships may **sign-up for 1 – 2 classes a week.**
- Temperature will be taken prior to entrance to the Dojang.
- If you are feeling sick or have a temperature, stay home and rest. Students must be 24-hour fever free before returning to class.
- Masks must be worn during class by staff and instructors. Students must bring a mask to class. "Kwon's Exercise Masks" will be available for pick-up when they take the first of class from in front of Kwon's front door.
- Maintain a 6ft. social distancing.
- Sanitize hands before and after class.

### 8. Bring your own water bottle.

- No waiting after class. (Parents must pick up on time!)